

Le Roc Fleuri

CONDOMINIUMS

RULES AND REGULATIONS EXERCISE ROOM

- **The exercise room will be opened from 5:30 AM to 11:00 PM;**
- **Guests are not permitted in the exercise room unless accompanied at all times by the Resident they are visiting.** Unaccompanied guests will be asked to leave. Only one guest at a time is permitted;
- **Children under 16 years of age must be accompanied by an adult Resident;**
- There is a 30 - minute time limit on the use of any equipment;
- Residents using the exercise room shall leave it in the same condition as it was in prior to its use;
- The equipment may not be removed from the room and small items must be put away in their rightful place;
- Proper attire must be worn to, in and from the exercise room;
- The machines must be wiped dry after use;
- Any Resident who hires a physical instructor shall be respectful of the other Residents. Physical instructors are considered like visitors and are subject to the rules for visitors;
- Physical instructor is not authorized to circulate in the Building without being accompanied by a Resident;
- Physical instructor is not authorized to leave publicity within the Building without the express authorization of the Administration;
- Any physical instructor in breach of the rules will be refused access to the exercise room;
- Food or beverage cannot be brought in the exercise room area;
- Glasses containers or tobacco products are not permitted in the exercise room.